

THE TRAVEL MAGAZINE

Chasing Waterfalls

Finding the
World's Most
Stunning
Cascades

Easy Hikes to
Must-See Falls

Hidden Gems
Worth the Trek



WARM LIGHTS, COLD AIR, AND LAUGHTER ON THE DECK.



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Editor's Note

There's something magical about the way water moves through the world — from a gentle trickle over mossy stones to a roaring cascade that takes your breath away. I've always believed that waterfalls hold a special kind of wonder. They remind us that even the smallest streams can carve canyons, that time and patience shape the most spectacular sights.

When we dreamed up this edition of the magazine, I knew I wanted to capture that sense of awe. Chasing Waterfalls isn't just a guide to the world's best

cascades — it's an invitation to slow down, look around, and let nature's rhythm guide you. Some of the falls in these pages are hidden gems you'll have to hunt for; others are just a gentle stroll from the road. Each one has its own story — and its own way of making you feel small, grateful, and wonderfully alive.

As you flip through these pages, I hope you'll feel like you're traveling alongside an old friend — someone who's excited to share the best places to eat, the most memorable places to stay, and the moments you'll remember long

after the hike is done. Whether you're a seasoned adventurer or just dipping your toes into the world of waterfall chasing, I hope you find something here that inspires you to get out and explore.

So tie your shoelaces, pack a snack, and don't forget your sense of wonder. Let's chase some waterfalls together.

Happy travels,

Designed by Eleni

*Editor-in-Chief,
Chasing Waterfalls*



Table of Contents



Finding the World's Most Stunning Cascades **6**

From Iceland to Indonesia, discover the world's most unforgettable waterfalls

Easy Hikes to Must-See Falls **10**

Perfect day trips and short hikes for all skill levels

Hidden Gems **14**

Off-the-beaten-path wonders worth the trek

Travel Tips & Safety **18**

Everything you need to know for a safe and rewarding adventure

Packing & Gear Essentials **24**

From waterproof backpacks to the perfect camera

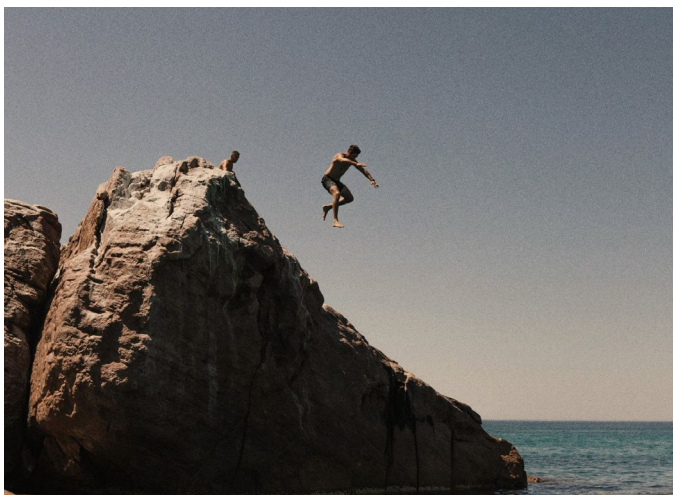
Budget-Friendly Adventures **27**

How to experience the best falls without breaking the bank



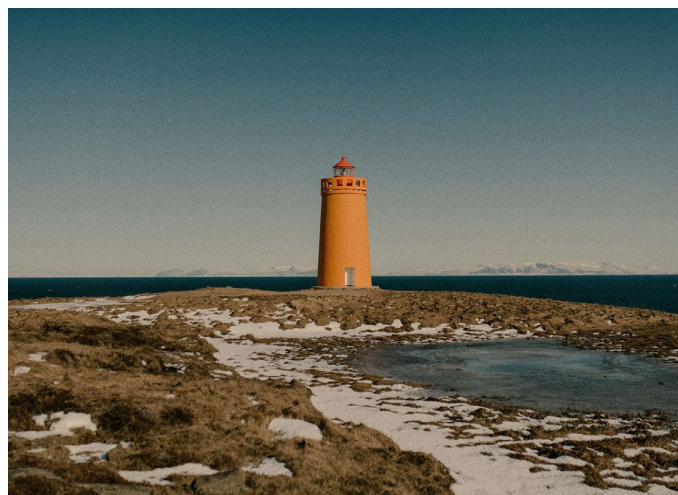
A scenic view of a river cascading over rocks in a lush forest. The river flows from the background towards the foreground, where it meets a rocky bank. The water is a vibrant turquoise color, and the surrounding forest is dense with green trees and foliage. The scene is captured from a slightly elevated position, looking down at the river and across the forest. A semi-transparent green rectangular box is overlaid on the left side of the image, containing the title text.

The World's Most Stunning Cascades



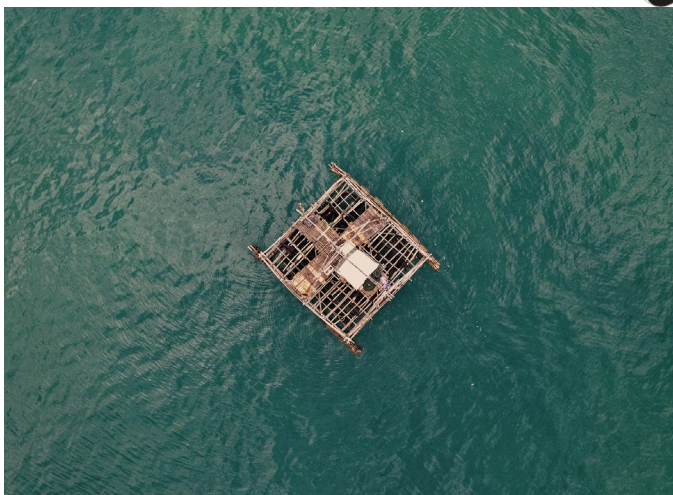
Iguazú Falls, Argentina/Brazil

Iguazú is a jaw-dropping maze of 275 waterfalls. I stayed at Gran Meliá Iguazú inside the park and caught a golden sunrise over the misty jungle — almost enough to forget the caipirinhas from the night before.



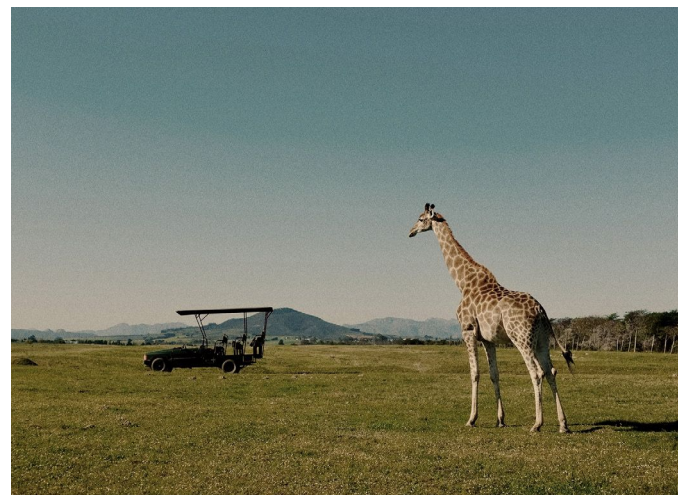
Seljalandsfoss, Iceland

More graceful than nearby Skógafoss, Seljalandsfoss lets you walk behind its shimmering curtain. Bring a rain jacket — it's wet, wild, and totally worth it.



Tegenungan Waterfall, Bali, Indonesia

Tegenungan feels like a tropical secret. I met locals selling coconut water who said to come just after sunrise. Staying at Alaya Resort Ubud made it easy to beat the crowds.



Victoria Falls, Zimbabwe/Zambia

"The Smoke That Thunders" lives up to the name. At Victoria Falls Safari Lodge, I watched elephants at dusk and sipped gin and tonics as the Zambezi lit up in orange.



Skógafoss, Iceland: A Misty Kingdom of Rainbows

There are places that feel like they're plucked from a Norse saga — places where the mist rises from roaring water and the air itself feels electric with possibility. Skógafoss, Iceland's legendary cascade, is one of them.

My first glimpse of Skógafoss came after a long, winding drive along the South Coast, the kind of road that makes you feel like you're driving straight into the heart of a story. The roar of the

waterfall reached my ears before my eyes even found it, a steady, rumbling heartbeat that called me closer.

When you arrive at the base, it's hard to believe it's real. The water plummets 60 meters (about 200 feet) over a sheer cliff, the mist forming a constant rainbow whenever the sun makes an appearance — which, in Iceland, can feel like a gift from the gods. I couldn't

resist standing right in the spray, letting the cool mist soak my jacket and hair. It felt like a baptism into this land of ice and fire.

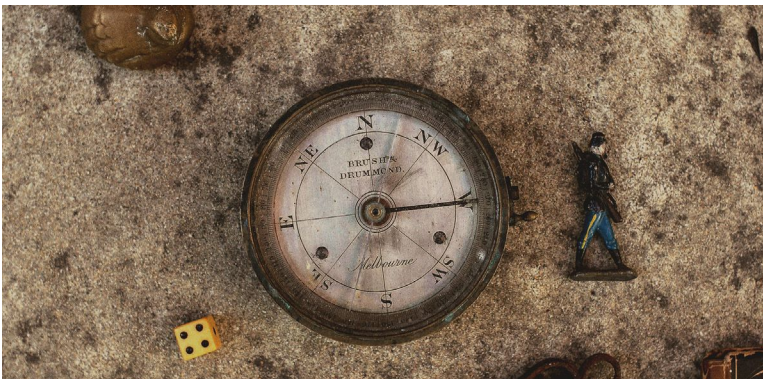


The Climb to the Top

Everyone talks about the steps — all 500 of them — that wind their way up the mossy cliffsides. Jónas, a local guide I met in the parking lot, told me it was worth every huff and puff. He wasn't wrong. As you climb, the sound of the waterfall follows you, like a drumbeat in your chest. At the top, the view stretches forever: a vast green expanse dotted with sheep.

Where to Stay and Eat

If you want to be close to Skógafoss, I recommend booking a night at Hotel Skógafoss, a charming guesthouse that offers a rustic Icelandic experience just steps from the falls. Ask for a room with a view of the waterfall — waking up to the sound of rushing water is a treat you'll never forget. For a warm meal after the hike, the Fossbúð Café by the parking lot serves up hearty lamb stew, local smoked salmon, and a surprisingly good cappuccino.



Local Legends and Hidden Gold

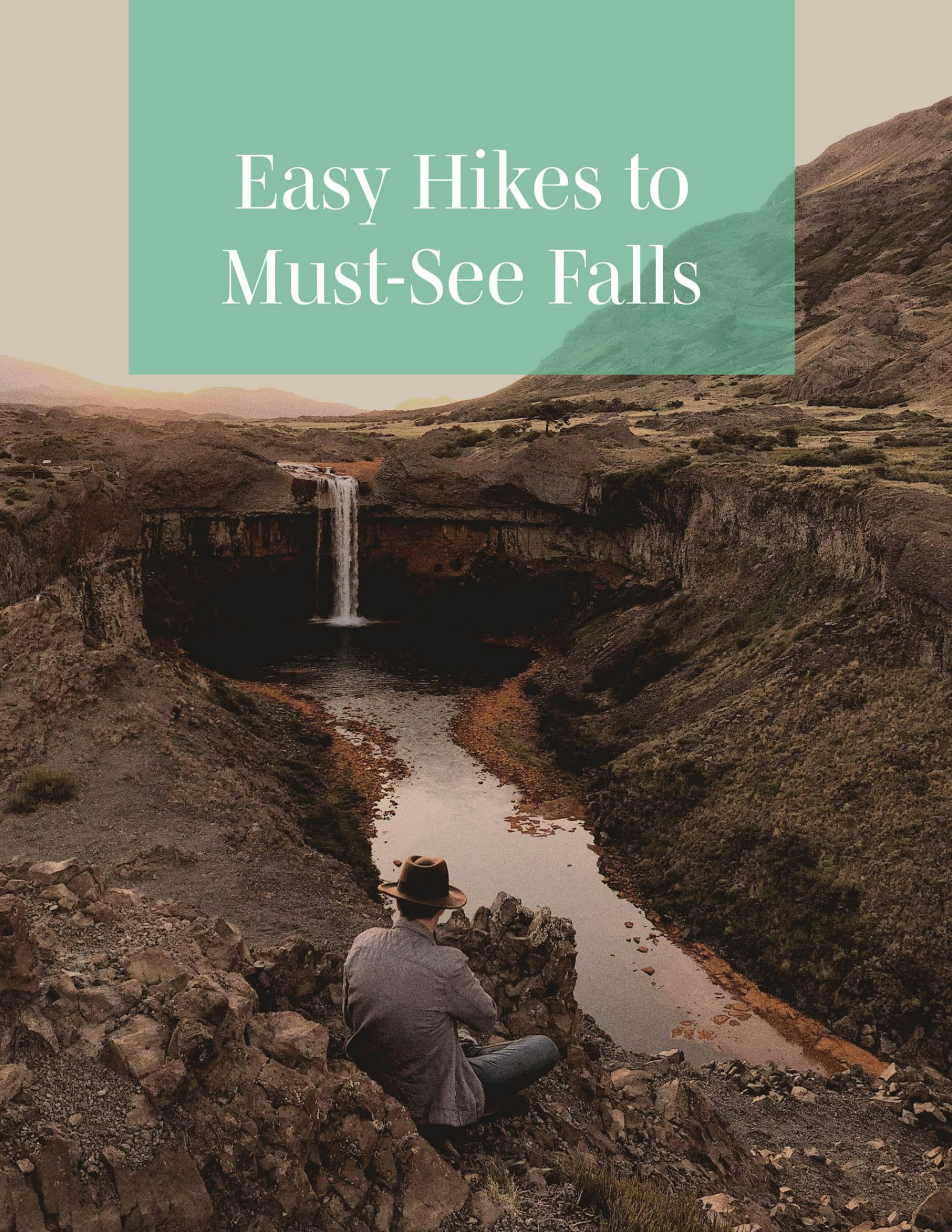
According to legend, the first Viking settler in the area, Prasi Þórólfsson, buried a treasure chest behind the waterfall. Some say the chest is still there, and that on sunny days, you can glimpse the gold shimmering in the mist. I didn't see any gold, but I found something better: a sense of wonder that stayed with me long after I left.

PRO TIPS

- Bring a rain jacket — you'll get wet, but that's half the fun.
- Early morning or late evening offers the best light and fewer crowds.
- Pair it with a visit to the Skógar Museum nearby — a quirky and fascinating collection of Icelandic history that feels like stepping into someone's attic (in the best way possible).



Easy Hikes to Must-See Falls



Trail Notes: A Quick Guide to Easy Waterfall Hikes

Waterfall chasing doesn't have to mean grueling treks or epic wilderness adventures (though I love those too!). Some of the most rewarding falls are just a gentle walk away — perfect for a day trip with the kids, a quiet moment to yourself, or a lazy weekend with friends.

I've been drawn to the rhythm of hiking since I was a kid, when my parents first took me to a small trail near our hometown. Back then, it was about seeing how far I could go before my legs gave out, or how many different colored leaves I could collect along the way. But even then, I remember the thrill of hearing water in the distance, the way the sound grew louder with each step — like nature was cheering me on.

As I grew older, hiking became more than just a way to pass the time; it became a way to connect with the world around me and with myself. It taught me patience, resilience, and the art of slowing down in a world that always seems to want us to speed up. There's something deeply comforting about putting one foot in

front of the other, feeling the trail beneath you, and knowing that a reward — sometimes a thundering cascade, sometimes a gentle trickle over mossy rocks — is waiting at the end.

That's why I wanted to write this article: to remind us that not every adventure has to be an epic expedition. Sometimes, the most beautiful moments are the easiest to reach — the kind of hikes that welcome beginners, families, or anyone simply looking to stretch their legs and breathe in the scent of pine needles and damp earth.

In the following pages, you'll find some of my favorite easy hikes that lead to unforgettable waterfalls. These are the trails that made me smile, made me pause, and made me grateful for the simplicity of nature's gifts. Whether you're chasing a quick escape from the city or a slow walk that soothes your soul, these waterfalls are waiting. So lace up your boots, grab a friend, and let the sound of rushing water guide you on your way.

What makes an easy waterfall hike truly special? Here's what I look for when picking my next adventure:

TRAIL LENGTH: Under 3 miles round-trip, so you can bring the whole family (or a reluctant friend!).

TRAIL CONDITION: Well-maintained paths that don't require scrambling over boulders or fording rivers.

ACCESSIBILITY: Look for clear signage, safe parking, and sometimes even paved sections or boardwalks.

SEASONAL CONSIDERATIONS: Spring and early summer usually mean better flow and more dramatic waterfalls.

PICNIC OPPORTUNITIES: Pack a snack! There's nothing like lunch with a waterfall view.

LOCAL GEMS: Chat with locals — they always know the best times to go (and sometimes the best hidden trails).

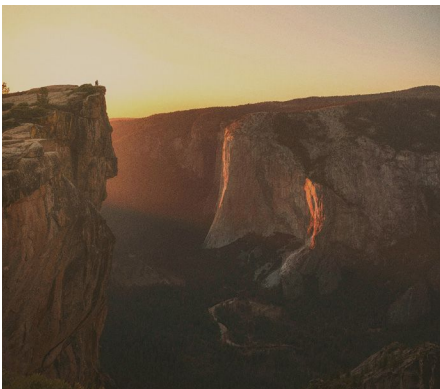




Perfect day trips and short hikes for all skill levels

1.

Bridalveil Fall, Yosemite, USA



A short, paved path leads right to the misty base of Bridalveil Fall, one of Yosemite's icons. When I was there last spring, I met a couple celebrating their anniversary — they'd come all the way from Texas, and it was their first time seeing a waterfall. Their faces lit up as they felt the cool spray. Stay at the Yosemite Valley Lodge for easy access to the park.

2.

La Fortuna Waterfall, Costa Rica

Descending the staircase through the rainforest feels like entering another world. I stayed at the Nayara Springs Resort, where they recommended arriving just after 8 a.m. to avoid crowds. After your hike, grab a smoothie from the local juice bar — the pineapple is unbeatable.



3.

Wallace Falls, Washington, USA



Wallace Falls State Park is a lush, green wonderland. I met a local hiker who told me about the bald eagles that sometimes circle overhead. The lower falls are easy to reach, but if you're up for it, you can continue to the middle or upper falls for more adventure.

Waterfalls don't just reward the adventurous — they also welcome those who come with a curious heart and a willingness to be awed. These hikes are proof that magic can be just a few steps away, no matter your skill level. So lace up your boots, pack a snack, and let the sound of rushing water lead the way.

4.

Elowah Falls, Oregon, USA

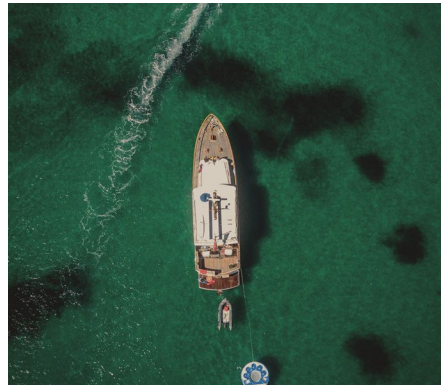
Elowah feels like Oregon's secret.

The hike is shaded, with ferns and moss-covered trees creating a mystical vibe. I stopped to chat with a group of local trail runners who recommended bringing a picnic to enjoy at the base — and they were right, it's the perfect spot to relax.



5.

Wentworth Falls, Blue Mountains, Australia



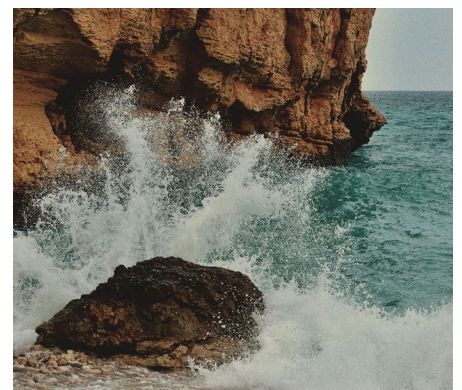
Just a stone's throw from Sydney, Wentworth is a local favorite. The path meanders along sandstone cliffs before dropping you at the falls' viewpoint. There's a little café nearby that serves laming-tons — a treat I'd never tried before but now crave whenever I think of Australia.

6.

Sipi Falls, Uganda

Sipi Falls is actually a series of

three waterfalls, but the main one is the star. My guide, Moses, led me through the coffee plantations to the trailhead, where I met kids playing soccer with homemade balls. The view at the falls is breathtaking, but it's the community that makes this hike unforgettable. Stay at Sipi River Lodge — their banana pancakes are legendary.





Stillwater Spa

After a day on the trails — or a long week of everything else — there's Stillwater Spa. Tucked in a quiet corner of the mountains, our wellness retreat is designed to restore your body and quiet your mind.



Signature waterfall
massage experience



Candlelit treatment
rooms & forest views



Complimentary teas &
mineral-infused water



On-site yoga and
private sauna access



Reserve your time to unwind at
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